

**Describe at least two institutional best practices**

**Upload details of two best practices successfully implemented by the institution as per NAAC format in your institution website, provide the link**

1. Student Improvement Scheme
2. Silambam and Self-Defense for Social Security

**Student Improvement Scheme**

**Objectives:**

To establish individual attention of students

To provide support to excel in both academic and non-academic activities of the students

To show the academic record of the students to their parents

**Context:**

Faculty-Student mentorship involves tutoring, role modelling, career guidance and in PG & research departments research skill development activities

**The Practice:**

Students Guidance & counseling committee consisting of four staff members and faculty in charge system for a class exists in the college already to provide personal and academic assistance to the students. To do individual attention to the students, the college has adopted the new process "Student Improvement Record", to monitoring and mentoring the student's activity. The scheme aims at addressing conflicts in attitudes, habits and knowledge of the students towards learning practices.

Each faculty will be the mentor of a group of 20 to 25 students. Students will have mentors from the parent department and for some students mentors are from language and allied department faculties. The faculties will continue to be mentors for the same group of students till their graduation. For the benefits of the students the mentor will perform the following functions.

- \*Continuously monitor, counsel, guide and motivate the students in all academic matters
- \* Maintain personal details of the students
- \* Maintain student's academic performance semester wise
- \*Conduct parents meet at least once per semester to show the academic records of their wards
- \* Contact parents if any academic irregularities and other negative behavioral changes
- \*Advise the students in matters of their career
- \*Guide the students in taking up extra and co-curricular activities

To be nutshell, mentors take total care of their mentees, academically, personal behavior and enhance the quality of learners to better person. Mentors takes care of the students relating to his/her housing, studying, and behaviors and boosts his moral whenever required for the betterment.

**Constraints:**

Face-to-face meetings with parents, Maintenance of paper record instead of e-record since most of the parents are uneducated and most of the students are first generation learners

**Evidence of Success:**

Improvements in academic performance, attendance, positive social and emotional behavior

**Problems encountered:**

Most of the parents are daily wages employees; there is a problem in conducting parents meet at a particular day and time. This sometimes disturbs regular classes of a faculty and their lunch time.

All Faculty members are acting as a mentor for a particular set of students for their personal interest, but the counseling methods may vary.

**Resources required:**

Some trained counselors.

### **Silambam and Self-Defense for Social Security**

The NSS units of our college organize a traditional Tamil practice Silambam and self-defense training classes for the students including the girls. This training is of dual purpose:

- a. Self-protection for students
- b. Conserving our traditional art.

**Objectives:**

Self-defense helps to prepare the students to face threatening situations and also helps to develop increased mental and physical health women, usually referred to as the weaker sex, are easier targets. The cases of gender violence are on rise, out of which many go unreported, self-defense for women has become a necessity. By learning the basics of self-defense, one prepares oneself for threatening and unexpected circumstances.

**Context:**

A counselor is necessary to ensure the importance of self-defense. There is a curriculum for martial arts. In order to become a teacher of that art, the person must be well versed in the art. Each student is gifted with different mental, physical and emotional resources.

**Practice : Coaching**

Regular practice is executed for both boys and girls for two hours and on two days per week.

**Evidence of success:**

Students complete in the state level/ All India level competitions.

**Problems encountered:**

Dr. Illakkuvan, Assistant Professor of Tamil takes care of the coaching for boys. To train girls there is a lack of a coach.

**Resources required:**

A well trained instructor for self-defense is necessary. Financial support is needed for the instructor who gives training for the students. The instructor must understand and embrace the fact that if he allows creativity, the student will surpass the master.